

What is claimed is:

1. A method for reducing the level of acrylamide in a food material, comprising reducing the level of reducing sugar in the food material before heating.
2. The method of claim 1, wherein reducing the level of reducing sugar in the food product comprises adding a reducing sugar-altering enzyme to the food material.
3. The method of claim 2, wherein said reducing sugar-altering enzyme comprises glucose oxidase, pyranose oxidase, aldose dehydrogenase, or a mixture thereof
4. The method of claim 2, wherein said reducing sugar enzyme comprises aldose reductase.
5. A method for reducing the level of acrylamide in food, comprising:
  - (1) adding a reducing sugar-altering enzyme to a food material, wherein said food material comprises reducing sugar;
  - (2) optionally mixing the enzyme with the food material;
  - (3) allowing a sufficient time for the enzyme to react with the reducing sugar;
  - (4) optionally deactivating or optionally removing the enzyme; and
  - (5) heating the food material to form the finished food product.
6. The method of claim 5, wherein said reducing sugar-altering enzyme comprises glucose oxidase, pyranose oxidase, aldose dehydrogenase, or a mixture thereof.
7. The method of claim 5, wherein said reducing sugar enzyme comprises aldose reductase.
8. The method of claim 5, wherein the level of acrylamide in the finished food product is reduced by at least about 10%.
9. The method of claim 8, wherein the level of acrylamide in the finished food product is reduced by at least about 30%.
10. The method of claim 9, wherein the level of acrylamide in the finished food product is reduced by at least about 50%.
11. The method of claim 10, wherein the level of acrylamide in the finished food product is reduced by at least about 70%.
12. The method of claim 11, wherein the level of acrylamide in the finished food product is reduced by at least about 90%.
13. An article of commerce comprising:
  - (a) a food product, wherein said food product has a reduced level of acrylamide;
  - (b) a container for containing the food product; and
  - (c) a message associated with the container;wherein said message associated with the container informs the consumer that the food product contains a reduced level of acrylamide.

14. The article of claim 13, wherein said message informs the consumer that the food product is low in acrylamide.

15. An article of commerce comprising:

- (a) a food product, wherein said food product has a reduced level of reducing sugar;
- (b) a container for containing the food product; and
- (c) a message associated with the container;

wherein said message associated with the container informs the consumer that the food product contains a reduced level of reducing sugar.

16. The article of claim 15, wherein said message informs the consumer that the food product is low in reducing sugar.

17. The article of claim 16, wherein said food product is a food ingredient.

18. The article of claim 17, wherein said food product is a food ingredient.